



July 2026

The Old Rectory Newsletter



# FUN IN THE SUN!



This month has mainly been about keeping cool and not going too crazy in the heat!

We've departed from some of our more energetic activities in favour of a more tranquil atmosphere.

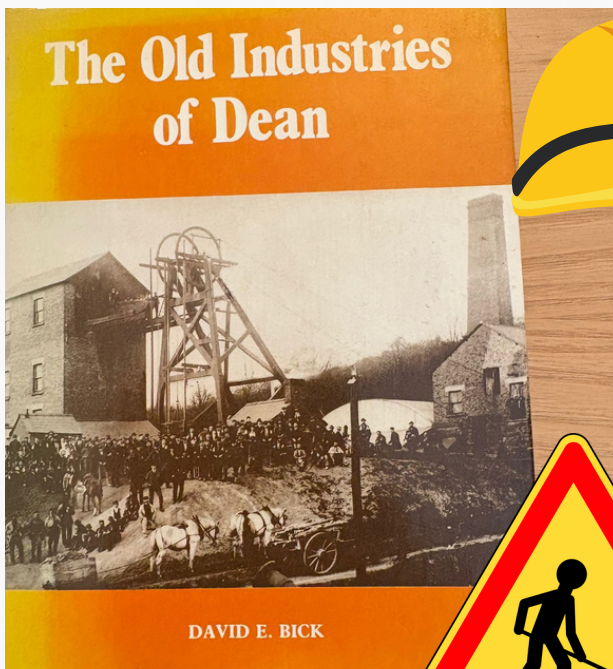
Ice lollies have been in plentiful supply and we did muster enough energy for a quick banana fight!



# MINING MEMORIES

Alex the Memory Man led such a captivating discussion on mining in the Forest of Dean.

The process helped everyone to regale stories and remember good times. We even tried out some hats and torches to get in to the right frame of mind. Another fabulous session from Alex!



# PRETTY AS A PICTURE!



Feeling good about ourselves is really important. We have an in-house hairdressing salon and we also appreciate the importance of a great manicure.

These moments also create the perfect atmosphere for talking, reminiscing and bonding. Even the smell of nail polish or hairspray can be so evocative and the memories, and chatter starts flowing!



# NATURE NOTES

July is peak butterfly season and you might even spot day-flying moths like the Cinnabar.

We have copious dragonflies and have also spotted nesting Swifts, House Martins and Swallows.

Our cottage gardens are replete with colour and the scent of lavender is filling the air!



## NEW BALLS PLEASE!

### TRY OUR BRAINTEASING WIMBLEDON QUIZ

1. How many Wimbledon Singles Titles has Serena Williams won?
2. Who is the current Royal Patron of Wimbledon?
3. Which sport did they originally play at Wimbledon?
4. Which British woman won the Women's Singles in 1977?
5. To the nearest thousand, how many spectators can fit on Centre Court?

Answers on the next page



# DATES FOR YOUR DIARY

|           |         |                         |
|-----------|---------|-------------------------|
| July 7th  | 3.30pm  | Memory Man              |
| July 14th | 2pm     | Luau Party              |
| July 21st | 1.30pm  | Mindsong                |
| July 28th | 2.30pm  | Memories with Alex      |
| July 29th | 1.30pm  | Life of Riley           |
| July 30th | All Day | National Cheesecake Day |

## Answers

1. 7

2. Duchess of Cambridge

3. Croquet

4. Virginia Wade

5. 15,000

